

Association for Workplace Tragedy Family Support

## **Russell Claus**

Russell currently resides in Halifax, Nova Scotia, where he works in occupational health and safety. Originally from Victoria, BC, he completed his Master's degree at McMaster University where his studies and thesis focused on worker safety in the resource sector.



In the summer of 2010, Russell suffered a workplace injury that changed his life forever.

Today, Russell is here as a volunteer of Threads of Life – the Association for Workplace Tragedy Family Support – and its Speakers Bureau.

Threads of Life helps families affected by a workplace fatality, life-altering injury or occupational disease along their journey of healing. It provides these families with referrals and a one-on-one peer support program delivered by trained Volunteer Family Guides who have also experienced a workplace tragedy. Threads of Life is currently working with thousands of family members from across Canada who have been affected by a workplace tragedy.

Russell will share his personal story with us today. We do ask that to honour Russell's privacy, please do not record his presentation.